



YOGA

WITH LINDA FROST



**RETURNS TO JEFFERSON HILLS LIBRARY
JEFFERSON HILLS MUNICIPAL CENTER COMMUNITY ROOM**

Beginning September 8 and 11

Wednesdays 5:30 to 6:30 p.m.

Saturdays 9:30 to 10:30 a.m.



Walk in Tuition is \$5.00 per class

Please bring a mat



Note: No YOGA on October 2